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33rd Annual Duck Race Duck Tagging | 2021

Duck Tagging | 8/24
Join us on Wednesday, August 24 at EastSide Centre to get all 30,000 ducks ready for Race Day! From 5:30–8:30 p.m., volunteers and CFPA staff will remove the current stickers on the bottom of the rubber ducks and replace with this year’s race numbers. Dinner will be provided. Email kward@centerforpreventionofabuse.org to reserve your spot.

33rd Annual Duck Race | 2021

34th Annual Duck Race | 8/27
CFPA’s Duck Race is one of the longest-running Duck Race events around the country and this year, we celebrate our 34th anniversary. On August 27, you can watch all 30,000 rubber ducks race down a giant water slide at EastSide Centre in East Peoria! The first 15 ducks to cross the finish line win a prize for their owner. Prizes include a cash grand prize, gift cards, technology, and more! Join us at 4:00 p.m. for food trucks, live music, and fun for the whole family and watch the ducks race at 6:00 p.m.!

33rd Annual Duck Race | 2021

Annual Fish Fry to Benefit the Carol House of Hope | October 2022
Join CFPA at the Moose Lodge at 2605 Broadway St, Pekin, IL 61554 for the annual Fish Fry to benefit the Carol House of Hope, CFPA’s emergency shelter in Pekin. Meals include fried fish, fries, and cole slaw, prepared by the Moose Lodge. A kids meal of a hot dog with fries is available. Stay tuned for more information!

I do not often use the term “not-for-profit” when talking about the Center for Prevention of Abuse (CFPA). From a financial viewpoint that description may be true, nevertheless, the team at CFPA does indeed work to create profit. In fact, CFPA’s profit is in people; the thousands survivors of interpersonal violence in Central Illinois that we care for all day, every day, all year, every year. A well-known author has been known to call agencies like CFPA “high impact organizations.” I could not agree more. When you think about nearly 6,000 survivors cared for annually, more than 38,000 tri-county students reached through CFPA’s prevention education programming every twelve months, roughly 10,000 shelter nights provided in a year’s time and more than 10,000 calls ringing into CFPA’s crisis hotline – it is difficult to imagine a deeper impact in genuine human services.

“...a full 91 cents of every dollar raised by the Center for Prevention of Abuse goes directly to client care.”

When the economy takes a nosedive and the cost of essentials like gas, electricity and food go up, up, up, agencies like CFPA are not immune. We rely heavily on unrestricted donations from generous supporters of our peaceful vision simply to make ends meet. When costs and tensions rise, CFPA’s client numbers do not diminish. In fact, when times get tough, we know that the number of incidents of abuse only grow, and in large part become more volatile.

Understandably, when times get tough, many givers may need to scrutinize more about where they should invest their hard-earned dollars in the community. It is crucial to know the rate of return on your financial gifts. On CFPA’s Form 990, which is an informational form required by the IRS, a full 91 cents of every dollar raised by the Center for Prevention of Abuse goes directly to client care. The remaining 9 cents are used to fund activities that provide indirect support to clients. That is an incredible profit margin that we hope helps supporters have confidence that their giving to CFPA is a sound investment. It can be classified as a “peace of mind” donation.

At CFPA we make every dollar count, and we make every effort for sustainability, producing hope and helping build lives filled with purpose.

Perhaps you have noticed that it is time for CFPA’s signature grassroots fundraiser, the 34th Annual Duck Race. We are on television, and local billboards, we are at Farmer’s Markets, and other area locations, promoting CFPA’s cause with little rubber ducks available for adoption for $5 each. The person who adopts the first toy duck to race across the finish line on August 27th will win $10,000! The remarkable rate of return on duck adoptions is 100%! Every dollar raised through duck sales goes directly to client care. We have some wonderful, resolute sponsors who have underwritten the event which allows us to maximize what is raised through duck adoptions.

Whether you adopt a duck or two, or invest with a much larger contribution, please know that your gift is deeply appreciated and that you are investing in people to inspire, to heal, bring hope and peace.

In Peace,
Carol Merna
Chief Executive Officer
June 15 was World Elder Abuse Awareness Day. This day provides an opportunity for communities around the world to bring awareness to elder abuse. The 2022 World Elder Abuse Awareness Day theme was Building Strong Support for Elders. As someone who has worked within CFPA’s Adult Protective Services program for nearly 25 years, I have picked up many tips along the way that can help build strong support for elders.

First, it is important to know that elder abuse exists and it happens all too often. In Illinois, the Adult Protective Services (APS) program responds to cases of abuse of adults aged 60 and over. Between July 2019 and June 2020, APS programs statewide received over 17,000 reports of elder abuse. This number may be surprising, but unfortunately, statistics show that only 1 in 24 cases of elder abuse is ever reported. That tells us that the thousands of calls received across the state yearly is only the tip of the iceberg.

Second, it’s important to know how to define elder abuse. Elder abuse is as any type of emotional, physical or sexual abuse, neglect, or exploitation to control or take advantage of seniors. Elder abuse is nondiscriminatory, it can affect people of all genders, races, sexual orientations and it does not care about a person’s economic status. Unfortunately, elders are often abused by someone they know, love and trust, sometimes even a caregiver. This can make the abuse that much more devastating for the victims.

Now that elder abuse has been explained, there are many ways to help combat this serious issue. One of the most important things to do is build strong support for elders by being there for them, checking on them and interacting with them. Elder abuse often goes unreported because the victim feels embarrassed, ashamed and isolated. Interaction with our elderly population puts us in a better position to recognize the signs of possible abuse. Always ask questions and trust your gut. Have there been any recent, unexplained changes? Why are grandmas utilities suddenly shut off? Is an elderly neighbor looking thinner and disheveled? Why has Fred stopped coming to the senior center? These situations could all be warning signs of elder abuse. Having regular interactions with seniors will not only keep those seniors from becoming isolated, but also provide victims with the opportunity to disclose what is happening.

Lastly, if elder abuse is suspected, report it by calling our APS program at 309-637-3905. Reports can also be made for suspected abuse of a loved one living in a long-term care facility to CFPA’s Long-Term Care Ombudsman program at 309-272-2917. All of our survivor services are 100% free and 100% confidential. Help us build strong support for the elderly in our community.

CFPA was awarded a generous grant from Peoria County to fund the addition of an employee in CFPA’s Long-Term Care Ombudsman program (LTCO). The ombudsman will work exclusively with residents and their families in Peoria County facilities. The grant also funds a full year of transit advertising wrapped on a CityLink bus. The bus advertisement brings awareness of the work CFPA does to protect and promote residents’ rights in long-term care facilities. On July 14, CFPA hosted a news conference to highlight this partnership and unveil the bus to the public.
FUN STARTS AT 4:00PM
RACE STARTS AT 6:00PM

34TH ANNUAL DUCK RACE
BENEFITING center for prevention of abuse.

SATURDAY, AUGUST 27
EASTSIDE CENTER, EAST PEORIA
FOOD TRUCKS! LIVE MUSIC! FUN FOR THE WHOLE FAMILY!

$10,000 GRAND PRIZE

THANK YOU TO OUR SPONSORS

2. $5,000 CASH PRIZE
SPONSORED BY

3. $2,500 CASH PRIZE
SPONSORED BY

4. BREMER JEWELRY BUNDLE
SHINOLA “THE DUCK” WATCH AND GEMSTONE BRACELETS
SPONSORED BY

5. CHICAGO CUBS TICKETS FOR TWO AND $250 VISA GIFT CARD
SPONSORED BY

6. 55” SAMSUNG SMART TV
SPONSORED BY

7. iROBOT ROOMBA i3
SPONSORED BY

8. 28” BLACKSTONE OUTDOOR GRIDDLE AND LOCAL MEAT BUNDLE
GIFT CARDS TO ECHO VALLEY MEATS AND RABER PACKING CO.
SPONSORED BY C.T. GABBERT REMODELING AND CONSTRUCTION

9. HOME THEATER KIT
PROJECTOR AND INDOOR SCREEN
SPONSORED BY HEDIGER AND MEYERS INSURANCE

10. CLUB CARWASH MVP PACKAGE
12 MVP CAR WASHES

11. WEEKEND STAY IN EAST PEORIA
OVERNIGHT STAY FOR TWO AT STONEY CREEK INN AND JONAH’S SEAFOOD GIFT CARD

12. THERAGUN PRIME MASSAGE GUN
SPONSORED BY KRIEGSMAN WAREHOUSES

13. TREAT YOURSELF GIFT CARD BUNDLE
GIFT CARDS TO CURVOLOGY, JEFFREY ALANS, AND HOERR NURSERY

14. PRESLEYS OUTDOORS FISHERMAN’S BUNDLE

15. LEVOIT AIR PURIFIER
SPONSORED BY LIPPMAN’S FURNITURE AND INTERIORS

36TH ANNUAL DUCK RACE
BENEFITING center for prevention of abuse.

SATURDAY, AUGUST 27
EASTSIDE CENTER, EAST PEORIA
FOOD TRUCKS! LIVE MUSIC! FUN FOR THE WHOLE FAMILY!

$10,000 GRAND PRIZE

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DUCKRACEPEORIA.COM
Honorariums and Memorials
Honorariums may be made to celebrate a special occasion and memorials may be given to acknowledge a lost friend or loved one.

Stock, Real Estate, and Insurance Policies
Donations can be made in the form of capital assets.

Donations that Leave a Legacy
Remembering CFPA in your estate plans can save and change lives for many years to come.

A bequest can be designated to a certain program of CFPA or used at CFPA’s discretion. However, if a donor wishes, a bequest can be designated to one of two endowment funds. The Slane Endowment Fund supports the general operations of CFPA and the McPheeters Endowment Fund supports the Prevention Education program.

For more information about monetary donations, honorariums, memorials, capital assets, and legacy donations, please call 309-691-0551.

At the Center for Prevention of Abuse, we are so thankful for the community support received through donations. We want you to know exactly where your money goes and how it impacts the lives of all who come to us seeking peace. Since 1989, CFPA has held its annual signature fundraiser, the Duck Race. Since then, there have been more than 400,000 ducks sponsored generating more than $2,000,000 that stayed right here and helped us build a more peaceful community. 100% of duck sales go directly to client services.

What’s in a Duck Donation?

1 duck = $5 = could provide a hot meal for a survivor of abuse
2 ducks = $10 = could provide a new pair of shoes for a child staying in one of our emergency shelters
4 ducks = $20 = could provide a week’s worth of bus passes for a recent survivor of sexual assault
5 ducks = $25 = could provide fresh produce for a week’s worth of healthy meals for a family in our emergency shelter
10 ducks = $50 = could provide a gas card to help outreach clients get to and from appointments with our counselors or to their place of employment
20 ducks = $100 = could provide services for a survivor of abuse living with a disability
100 ducks = $500 = could provide funding for an Adult Protective Services caseworker to investigate possible abuse in the home of an elderly individual

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The designers have done it again!
In early May, Sarah and Jake Randall gave our group counseling room a full makeover and we can’t believe our eyes!

Thank you for making this space so beautiful and inviting.
Many survivors find comfort, peace, and healing in this room. We are so proud to give them a fresh new space where they can continue their healing journeys, so we aptly named this room “Sarah and Jake Randall’s Place of Peace.”

Thank you to our friends at Zobrist Construction for the new flooring and paint.
The Center for Prevention of Abuse (CFPA) is seeking a passionate, compassionate, and enthusiastic people to join our team! All open positions play a significant role in advancing CFPA and our mission to help all people live free from violence and abuse.

Do you have a heart for serving all survivors of violence and abuse? Are you a people person and enjoy building and maintaining strong relationships? Are you solution-forward with an enthusiasm for building a safe and more peaceful community? At CFPA, we believe everyone deserves peace – every day, everywhere, any time – at home, in the workplace, at school, and out in the community. All team members at CFPA are valued and they belong. We are looking for people who want to be engaged in their work, who are inspired by their successes, and thrive in a workplace culture that celebrates teamwork and maximizes distinct skills and competencies.

A pioneer in providing services to victims of violence, CFPA has grown from a single rape crisis hotline that started in 1975 to a highly respected statewide leader in working to end abuse and break the cycle of generational violence. CFPA is the only agency in the entire state sanctioned to provide its combined services of Domestic Violence, Sexual Assault/Assault, Human Trafficking, Adult Protective Services, and Prevention Education under one roof. CFPA operates 24 hours a day, seven days a week, 365 days a year, and all victim services are free and confidential.

CFPA welcomes and encourages persons of color and LGBTQ+ persons to apply for open positions within our organization. CFPA is an equal opportunity employer and does not discriminate based on race, age, sex, gender identity, gender expression, national origin, sexual orientation, or disability in its policies or procedures.

For more information about the Center for Prevention of Abuse, please visit www.centerforpreventionofabuse.org.

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**Volunteer Opportunities**

**Medical Advocates**

When someone presents as a victim of domestic violence or sexual abuse/assault in local emergency departments, the hospital calls CFPA for a medical advocate. Our medical advocates go to the hospital to assist with the individual’s immediate needs and provide information about their rights as a victim. CFPA is currently in need of second and third shift volunteers. CFPA provides training for all interested medical advocates prior to volunteering on calls. For more information, please email Kelly Ward at kward@centerforpreventionofabuse.org.

**34th Annual Duck Race**

For more information about how to volunteer for this year’s Duck Race, please visit centerforpreventionofabuse.org/how-to-help/volunteer-opportunities.

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**Join Our Team**

Visit centerforpreventionofabuse.org/careers to view current job opportunities.

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**Shelter Needs**

- Fresh meat, eggs, milk, and fresh produce
- Canned tuna and chicken
- Coffee, cream, and sugar
- Oatmeal
- Micro-oven rice, pasta, and other sides
- Peanut butter and jelly
- Bottled water and juice boxes
- Cereals, granola bars, Pop-Tarts
- Healthy snack items for children
- Canned fruits and vegetables
- Canned soups, stews, and pastas
- Cleaning supplies: Anti-bacterial wipes, bleach-free cleaner, sponges
- Paper or plastic bags

**Passing the Torch**

Paroma Banerjee’s time serving on the Center for Prevention of Abuse’s Board of Directors has come to a close, but her before she left her role as President of the Board of Directors on June 30, we asked her to tell us more about her impactful service to CFPA.

Paroma’s career as an electrical engineer for Caterpillar brought her to CFPA through volunteer work with Caterpillar’s Asian Community resource group. Paroma helped organize many special events for CFPA including the highly successful “Experience India”. Organizing and participating in events and volunteer efforts led her to become a member of CFPA’s Board of Directors where she was able to take her participation in the agency to the next level.

Paroma continued on the board for 8 years, ending her tenure as the Board President in June 2022. She says the more she learned about the variety and quality of services provided by CFPA’s incredible staff, the deeper her commitment to CFPA grew and still grows today.

“I know survivor’s and the resources provided by CFPA can make such a difference,” says Paroma.

For anyone interested in becoming a part of CFPA, Paroma says delving into CFPA’s website, social media and newsletter, the CenterPeace, is a great way to get started and adds, with the right background you could even go through extensive training to work directly with clients.

“Your time, skills, and resources are a gift in any form,” says Paroma.

Her advice to future leaders of the Board of Directors is to be creative in adapting to the changing world, such as technological shifts and changing funding sources. For her, leading the Board almost exclusively virtual was not ideal, but she applauds CFPA staff for staying nimble through a pandemic.

Paroma will not be leaving her volunteer work at CFPA entirely. She currently participates on the Diversity, Inclusion and Outreach Committee to help find concrete ways to reflect the needs of the wider community, ultimately wanting CFPA to continue to embrace diversity in its many forms. She also says her son has been asking about the Duck Race since the spring and they are very much looking forward to that event in August. We will see you there, Paroma!

Thank you for all you’ve done to further CFPA’s mission of helping all people live free from violence and abuse.

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**About Paroma Banerjee**

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- Coffee, cream, and sugar
- Oatmeal
- Micro-oven rice, pasta, and other sides
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- **34th Annual Duck Race**
  - For more information about how to volunteer for this year’s Duck Race, please visit centerforpreventionofabuse.org/how-to-help/volunteer-opportunities.
Clayton Frankel (CF): How long have you worked at CFPA, and what led you to working here?

Kim Snarr (KS): I started at CFPA about six years ago at the encouragement of a friend here at the agency. I was drawn to the CFPA mission and the breadth of services we offer throughout the Peoria community. It is truly impressive to see how many people are impacted by CFPA’s work.

CF: What are your favorite things about working at CFPA?

KS: I enjoy the challenge of putting the puzzle pieces together that are required of grant proposals and reporting. But by far my favorite thing about CFPA is the people…amazing people working hard to accomplish great things.

CF: Any milestones you are particularly proud of, for yourself or the agency?

KS: The biggest milestone that comes to mind is the securing of a new OVC federal grant for our Human Trafficking Services Department. It was a major collaborative undertaking with the Illinois State Police, Millikin University, and CFPA coworkers that resulted in a large three-year grant to fund the work we do for victims of human trafficking.

CF: What do you wish people knew about the work environment at CFPA?

KS: CFPA’s work environment is a myriad of things. We put a lot of pressure on ourselves because we know how important it is to the clients and community we serve, but this is offset by a vibe with coworkers that is fun and supportive. I genuinely enjoy my job and the people around me.

CF: Outside of work, what do you like to do when you have some free time?

KS: I like to stay busy! Hobbies include, but are not limited to, pickleball, biking, gardening, cooking, and traveling.

Meet Kim Snarr, who used to be CFPA’s Grant Specialist and was recently promoted to the Director of Grants Administration! Design and Communications Coordinator, Clayton Frankel, interviewed Kim to get a glimpse into her work here at CFPA.
Thank You!

CFPA received funding from Grace and Peace Church for COVID-19 rapid tests.
The Morton Community Foundation helped upgrade the audio equipment in our gathering room.

CFPA was presented a grant from the Peoria Medical Society & Alliance for sexual assault clothing packets.

CFPA received a grant from the Kiwanis Club of Pekin towards Prevention Education.
The Eureka Area United Fund presented CFPA with funding for victim services.

CONTRIBUTORS center for prevention of abuse

March 1, 2022 – May 31, 2022

Kathleen Abraham
Greg & Tammy Alig
Sharon & John Amdall
Mary Bair
Vicki Barnes
Kay Bartley
Patti & Steve Bash
Gloria & Charles Benda
Honorable Lt. Col Lester Bergsten
Marlyn Berrier
Andrew Black
Larry & Jan Blatter
Melanie & Tom Boudreau
Cheryl & Robert Bryant
Karin & John Bumgarner
Meredith Buneta
Beverly Jay Burk
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Henry Daze
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Doreen Paule
Dennis Pericak
Don Perrillies
Vanessa Peterson
Susan & Stephen Plott
Richard & Terry Polanin
Tritan Popadzuk
Michael Post
Jane Randall

IN HONOR OF
The Dempsey Family
Michael Post
Emily Elsworth
Connie Kucinski
Gene Gittrich
Linda Lehman

IN MEMORY OF
Robert Boudreau
Melanie & Tom Boudreau
Helen Emery
Deanna & Norman Hill
Carl Johnston
Carol Johnston
Debbie Melvin
Michele & Allen Kruse
Bonnie Noble
Kent Noble
Sherryn Thorn
Jane Randall

Thank you to all of our donors and supporters who contribute to the Center for Prevention of Abuse through the United Way. We are very thankful for your support of our mission to help all people live free from violence and abuse and our vision to build a safe and peaceful community!

2022–23 Board of Directors
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Deanna Collins, Morton Community Bank; Cheryl Crowe, 257 HealthCare; Brian Ferguson, Central Illinois Police Training Center; Mobile Training Unit 7;
Doug Hardy, CFCU; Stephanie Hazzard, Caterpillar Inc.; Brendan O’Hall, PaulDavis Restoration of Central IL;
Angie Orzechowski, Ameren Illinois; Donna Yandle, SSM Health; Kristin Yelich, PhD, University of Wisconsin College of Medicine.

CONTRIBUTORS center for prevention of abuse

March 1, 2022 – May 31, 2022

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Nancy Rice
Christine Richardson
Thomas Romanoowski
Kathy & Fred Schoen
Lynn & Larry Seitman
Jim Shanks
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Joan Stokowski
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Mary Walter
Sandra & Joseph Whalen
Irene & Bob Williams
Dr. & Mrs. Michael Zichterman
Judy & Ken Zika

IN HONOR OF
The Dempsey Family
Michael Post
Emily Elsworth
Connie Kucinski
Gene Gittrich
Linda Lehman

IN MEMORY OF
Robert Boudreau
Melanie & Tom Boudreau
Helen Emery
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Carl Johnston
Carol Johnston
Debbie Melvin
Michele & Allen Kruse
Bonnie Noble
Kent Noble
Sherryn Thorn
Jane Randall

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