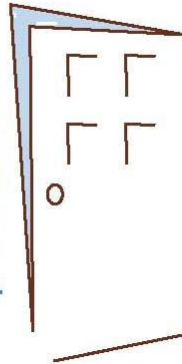


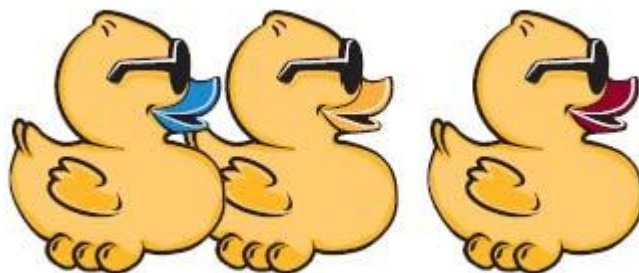
the **CENTER**
for **PREVENTION**
of **ABUSE**
opening doors. changing lives.



The Center Peace Volunteer Edition JULY 2010

The Center for
Prevention of Abuse

PO Box 3855
Peoria, Illinois
61612



DATES TO REMEMBER

Tuesday, July 13, 10 am - Duck Race Press Conference at Par-A-Dice Hotel

Thursday, August 12, 5 to 7 pm - Duck Soiree at Par-A-Dice Hotel

Thursday, August 26, 5 to 7 pm - Duck Tagging at The Center

Sunday, August 29, 10 am - 5 pm - Duck Race Day - choose a shift and enjoy the day

During July and August, various duck sales days, see list below

DUCK SALES DATES

Sam's Club, Sunday, July 11, 10 am - 12 pm

Morton Walmart, Saturday, July 10, 10 am - 12 pm and 12 - 2 pm

Pekin Walmart, Saturday, July 17, 12 pm - 2 pm

University Walmart, Sunday, July 18, 10 am - 12 pm and 12 - 2 pm

E. Peoria Walmart, Friday, July 23, 10 am - 12 pm and 12 - 2 pm

Allen Rd Walmart, Saturday, July 24, 12 - 2 pm

Washington Walmart, Sunday, July 25, 12 - 2 pm

Allen Rd Walmart, Sat, August 14, 10 am - 12 pm and 12 - 2 pm

Sam's Club, Sunday, August 15, 10 am - 12 pm and 12 - 2 pm

University Walmart, Sat, August 21, 10 am - 12 pm and 12 - 2 pm

E. Peoria Walmart, Sat, August 21, 10 am - 12 pm and 12 - 2 pm

Morton Walmart, Sunday, August 22, 10 am - 12 pm and 12 - 2 pm

Erin Feis Riverfront, Sat, August 28, 12 - 2 pm, 2 - 4 pm, 4 - 6 pm

Erin Feis Riverfront, Sunday, August 29, 11:30 am - 1:30 pm and 1:30 pm - 3 pm

Contact Gary Nester to fill a slot.

This year's race will be Sunday, August 29 at 3:00 PM, with festivities starting at 12 PM, at the Peoria Riverfront.

There will be games for the kids, chance to help with set up and tear down and many other opportunities to volunteer that day.

Our goal this year is to sell 25,000 ducks. We are improving our online sales process and will be encouraging everyone to form teams to sell ducks and buy ducks through the online process..

Kick off for the event will take place at the press conference July 13 at the Par-A-Dice Hotel Casino, title sponsor for the second year in a row.

LIST OF PRIZES

\$5000 Cash - Donated by South Side Bank

\$700 - Kroger gift card
\$500 - Shoppes at Grand Prairie gift card
\$250 - Kull Scape Landscape gift card
\$100 - MacDonald Shell gift card
\$100 - Metro gift card
\$100 - Little Caesar's Pizza gift card
\$100 - Ruby Tuesday gift card
\$100 - Avanti's Italian Restaurant gift card
\$100 - Alexander's Steakhouse gift card

We hope you will be able to help us sell ducks and make this our most successful Duck Race ever. Another suggestion is to have a duck sales form with you at all times during July and August so you don't miss out on a sales opportunity.

Sample letter below can be used to sell ducks on your Facebook, email, or use the letter and a duck application. You can personalize this letter.

I'm a volunteer for The Center for Prevention of Abuse, and I am constantly amazed at the impact this organization has in central Illinois. The Center has grown from its roots as a rape crisis hot-line and now serves victims of domestic violence, child abuse, elder abuse (both financial and physical) and sexual assault. In addition, we reach kids in area schools with our prevention education team who teach how to recognize and have healthy relationships.

Donations given to The Center are used to help victims heal from abuse and proactively teach youth how to prevent abuse and be safe. So, I'm asking for your help to help The Center.

Every summer, The Center holds a Duck Race to stop abuse. This year will be The Center's 22nd Annual Duck Race, August 29, on the Peoria Riverfront. Children's activities begin at noon and the ducks race at 3:00pm. You can buy a duck to raise money. As a strong incentive, you have a chance to win some amazing prizes, including \$5,000 cash sponsored by South Side Bank. To get started, go to the duck race website www.duckrace.com/peoria. As a volunteer for the Center, I'm part of a team to sell ducks so you can adopt under me by 1) Clicking on the Teams tab, 2) Click on "Center Volunteers" link, 3) Find my name and click on the link, and 4) Click the Adopt Under this Team Member button and follow the instructions from there.

I know not everyone is able to give money, but no need to worry

Facebook.

2. If you can't give financially, consider donating clothes and food to the shelter. Email Gary Nester at

gnester@centerforpreventionofabuse.org.

3. Volunteer your time by helping with the duck race or directly for The Center. Email Gary Nester at

gnester@centerforpreventionofabuse.org.

4. Educate yourself on the issues and let your elected officials know that you support The Center for Prevention of abuse.

5. Eat at Chili's on University from now until August 29th and bring in the voucher on the duck website. Ten percent of your purchase will benefit The Center.

SPECIAL VOLUNTEER FEATURE

This month we are spotlighting the members of the Caterpillar Asian Indian Community and the 22 members from their group who came May 22 and June 26 and helped spread mulch, pull weeds, clean up our outside grounds, and rejuvenated one of our playground areas. We appreciate all their efforts to make our outside grounds look nice.

Also we want to recognize Kay Teeter who has come in and helped us with our phones in the receptionist area. We especially appreciate her coming in March 31 so our staff could attend the Partners in Peace luncheon and June 22 so all staff could attend a meeting.

VOLUNTEER TRAINING - 63 HOUR TRAINING

Daytime: July 12 - 22, 2010, July 12, 1 pm - 4:30 pm, other days 8:30 am - 4:30 pm

Evenings: August 24 - October 21, 2010, Tuesday's and Thursday's, 6-9 pm

Contact Gary Nester to attend.

VOLUNTEER OPPORTUNITIES

<Our 2010 Kid Kamp will take place June 22 through August 4, and will meet every Tuesday, Wednesday, and Thursday from 12:00 pm to 3:30 pm. We will be looking for volunteers to help with the Kamp and share special talents with the kids from cooking a special dish, to crafts, art projects, etc.

<Needed for the month of August: Someone to come in during

during the past two years will be on vacation. Could you come in and give us a few hours each week?

ITEMS NEEDED

- <window fans
- <construction paper
- <craft items like small ceramic animals or other shapes to paint
- <paint for above crafts
- <plain white tee shirts to tie dye, sizes range from children's small to large and adult small
- <dry eraser markers, white poster board, and notebooks
- <any size journals and spiral notebooks
- <goldfish crackers
- <juice boxes
- <powdered lemonade
- <two matching upholstered chairs
- <women's deodorant

Looking for a way to help? Consider holding a home needs shower to help replenish a transitional apartment once a client moves out.

Items needed:

- <new pots and pans
- <shower liners
- <sponges
- <pot holders
- <dish towels
- <new towel sets
- <measuring cups and spoons
- <hand mixer
- <toasters
- <new pillows
- <baking pans
- <manual can opener
- <new cutting boards
- <new cooking utensils
- <new toilet brushes
- <plungers

JULY BIRTHDAYS

July 1 Rev Stender

July 9 Jennifer Schraeder
July 11 Britta Johnson
July 11 Carla Goforth
July 11 Nancy Koelbel
July 12 Regina Ford
July 13 Kathy Herrera
July 16 Cory Brown
July 16 Julie Wright
July 17 Donna League
July 20 Kimberly Davis
July 20 Laurie Fahrner
July 20 Jessica Sharp
July 21 Patrick Hanlon
July 23 Donnas Hertenstein
July 31 Dee Ann Schierer

**One act of kindness is all it takes to make someone smile, show someone you care or make a difference in someone's day. One act of kindness can mean the world to someone.
From Caring Bridge**

HAPPY 4TH OF JULY - Thank you for caring and providing a safe haven and freedom from abuse and violence to our residents/clients.

